

**SATURDAY, JULY 4, 2009** – No walk today. Enjoy the fireworks tonight instead.

**SATURDAY, JULY 11, 2009 – 9:00 AM – VENTURA HARBOR**

Meet in front of the Harbor Village Gallery, 1591 Spinaker Drive.

From the northbound 101 Freeway, exit on Victoria West, which is between Oxnard and Ventura. Continue on Victoria to Olivas Park Drive. Turn right. When Olivas Park Drive turns into Spinaker, continue on Spinaker to the Harbor Village. The Harbor Village Gallery is on the right.

We will walk about two miles around the marina and back track to the restaurants in the marina. If time permits, we can continue along Spinaker Drive to the museum at the end of Spinaker.

For more information, call Lorna at (661) 299-1250.

**SATURDAY, JULY 18, 2009– 9:00 AM – BEVERLY GLEN**

Meet in front of Starbucks, 2948 Beverly Glen Circle, Bel Air, 90077 (Thomas [LA] p. 592, A1)

From the San Fernando Valley, you may take the Ventura Freeway (101) in either direction and exit on Van Nuys Blvd. Go south to Ventura Blvd. and turn right. Go one block to Beverly Glen Blvd. and turn right. Stay on Beverly Glen and cross Mulholland Drive. Turn right at the first block past Mulholland, which is Beverly Glen Circle. Turn right into the shopping center. You may park either in the shopping center or on the street.

From the vicinity of the 405 Freeway, take the 405 to Sunset Blvd., go east to Beverly Glen Blvd. and turn left. Turn left again at Beverly Glen Circle (just before Mulholland Drive.)

We will have a beautiful walk through Beverly Glen Canyon, through lovely homes and trees. There are some slight hills.

Rain cancels. For more information, call Stephanie at (818) 787-0501.

**SATURDAY, JULY 25, 2009 – 9:00 AM – MOUNT BALDY**

Meet in the ski lift parking lot of Mount Baldy.

From the 210 Freeway, take the Mountain Avenue, Mount Baldy exit north and continue on the Mount Baldy Road through Mount Baldy Village to the end of Mount Baldy Road at the ski lift parking lot.

We will assemble in the parking lot and walk together to the Mount Baldy Chair Lift. Round trip tickets are \$15. We will ride the lift and walk around at the top. Rest rooms are available at the bottom of the chair lift.

For more information, call Pete at (626) 308-3976.

**SATURDAY, AUGUST 1, 2009 – 9:00 AM – POINT FERMIN**

Meet at the Point Fermin Lighthouse, San Pedro (Thomas [LA] p. 854, B2).

Take the southbound 110 Freeway until it ends. Exit onto Gaffey and continue south on Gaffey, following all the twists and turns, until it ends. Park on Paseo Del Mar, Point Fermin Park.

There are bathrooms in Point Fermin Park, and you may get hot coffee at Walker's Café. We will start at the Point Fermin Lighthouse and explore the adjacent residential area. Then we will go to explore the new park area and Royal Palms area. Lunch will be at the Grinder on 5<sup>th</sup> and Harbor Blvd. in waterfront San Pedro.

For more information call Myrna at (818) 769-6098.

**SATURDAY, AUGUST 8, 2009 – 9:00 AM - CAROL BLACK'S BIRTHDAY PARTY**

Meet at Carol's house, 802 N. Avenue 66, Los Angeles 90042 (Thomas Guide [LA] p 595, E1).

From the northbound 110 Freeway, take the Marmion Way (Avenue 64) exit. Stay on Avenue 64 to York Blvd. Turn right onto York and go to Avenue 66. Turn left and go to 802 Avenue 66.

From the eastbound 134 Freeway, exit on Figueroa Street. Stay on Figueroa to York Blvd. Turn left on York and go to Avenue 66. Turn left and go to 802 Avenue 66.

From the 210 Freeway take the 2 Freeway south to 134 (toward Pasadena). Exit at Figueroa, go south about 2 miles, turn left on York, and left again on Avenue 66 to 802 Avenue 66

Please park on the street and walk onto my property.

It's party time!! Time once again to celebrate Carol's birthday.

We will walk up the Arroyo Seco Canyon – about three miles total. The exact mileage depends on how hot the day is. Then we will go back to my house for our Pot Luck party.

Please bring your favorite dish, already prepared. There is not enough space in the kitchen for last minute preparation. Also bring serving utensils and coolers if possible.

You may bring fruit, salad, sandwiches, casserole, etc. to serve six to eight hungry walkers. Bring anything but dessert. We will supply ice cream, cake, soft drinks, coffee, and table service.

All are invited to bring your swimsuits, and we will have fun, as usual.

We are looking forward to seeing everyone on August 16th. Please let us know if you are planning to come, so that we can plan accordingly.

If there are any questions, call Carol at (323) 257-1491 or Madalynne at (626) 799-5438 or email Madalynne at [mjwardlow@gmail.com](mailto:mjwardlow@gmail.com).

### **SATURDAY, AUGUST 15, 2009 – 9:00 AM – LAGUNA NIGUEL REGIONAL PARK**

Meet at the entrance to the park, which is at 28241 La Paz Road, Laguna Niguel 92677.

Take either the southbound 405 or the southbound 5. The 405 merges with the 5 past Irvine. Continue on Highway 5 to the La Paz off ramp. Turn left on La Paz and continue until the entrance to the park. Turn left after the entrance and park near Shelter 6 between the playground and the rest room on the right. Parking is \$5.00 on weekends, so try to car pool.

Bring quarters or one dollar bills for the automatic parking meters in case there is no payer. We will walk in the riparian environment of Sulphur Creek and the Sulphur Creek Reservoir, where there are inclines but no steep hills. The length of the walk will depend upon the weather.

For more information, call Rosie at 323-256-9935.

### **SATURDAY, AUGUST 22, 2009--9:00 AM--PORT HUENEME**

Meet at Walter B. Moranda Park, Surfside Village, 200 Moranda Parkway, Port Hueneme, 93041 (Thomas [Ven] pg. 552, E6)

From the 101 Freeway in either direction exit south on Los Posas Rd. in Camarillo. Turn right (west) on Hueneme Rd. Cross Surfside Dr. in Port Hueneme and turn left at the next street, Moranda Parkway. Ample free parking is available in the parking lot straight ahead behind the restrooms near the tennis courts.

From Pacific Coast Hwy, exit left (west) on E. Hueneme Rd. and follow the directions above.

The walk will be flat from Moranda Park through Bubbling Springs Park to Port Hueneme Beach, Pier, and Lighthouse. Several restrooms are located along the beach walk. Depending on the weather, we can have lunch outdoors at Andy's Fish Shack on the beach or indoors at nearby Uncle Danmar Restaurant, 5141 Saviers Rd., Oxnard (805) 246-5156.

Rain cancels. For more information call Nancy at (805) 484-4682.

### **SATURDAY, AUGUST 29, 2009 – 9:00 AM – Santa Monica State Beach**

We will meet at Ocean Avenue and Idaho Avenue on the Pacific Palisades side of the road, in Santa Monica (Thomas [LA] p. 671, D1).

Drive to the west end of north Santa Monica, either via San Vicente Blvd. or Wilshire Blvd. westbound to Palisades Park. Look for parking on Idaho Avenue or nearby streets. Parking may be hard to find, so try to get here early and read the parking signs, which may differ every few blocks.

Our walk features ocean and coastal mountain views from residential streets atop the palisades as well as along the comfortably sloped paved surface descent onto a pedestrian bridge across Pacific Coast Highway and the walk north on the beach bike path/trail. We will explore Santa Monica's new Annenberg Community Beach House and its historic and recreational attractions. A paved path allows strolling across the sand almost to the water's edge. About fifteen minutes farther along the bike trail, a tunnel crosses Pacific Coast Highway to West Channel Road. From there, we traverse a hidden enclave

of homes on gently sloping streets and return to our cars via Ocean Avenue. The total mileage will be about 3.5 miles.

We will decide about lunch when we meet. It would be nice to lunch at the new Back on the Beach Café by the Beach House, except that this requires the above-described itinerary for lunch hour timing. Other alternatives would be to caravan to A Votre Sante on San Vicente Blvd. or go to nearby Buddha's Belly, or choose other venues.

For more information, call Lili at (310) 396-7919.

**SATURDAY, SEPTEMBER 5, 2009** – No walk today. This is the Labor Day weekend

**SATURDAY, SEPTEMBER 12, 2009** - No one has volunteered to lead a walk today. If you would like to lead a walk, please call Rosie at (323) 256-9935 or Morris at (818) 349-4656 or email Morris at [morris.eisenberg@yahoo.com](mailto:morris.eisenberg@yahoo.com) as soon as possible and we will disseminate the information the best way we can. If possible, we can include this walk in our next newsletter.

**SATURDAY, SEPTEMBER 19, 2009** – No walk today. Rosh Hashanah.

**SATURDAY, SEPTEMBER 26, 2009 -- 9:30 AM – CARPINTERIA: MORE THAN BEACH AND BLUFFS**

**Note the later than usual starting time.** Meet at the corner of Sandyland Road and Ash Avenue at the Carpinteria Salt Marsh Reserve. Park on the street. Restrooms are available.

From the northbound 101 Freeway, exit at Casitas Pass Road, which is about 12-15 miles north of the city of Ventura. Cross over the freeway and turn right where the road ends at Carpinteria Avenue. Turn left at Linden Avenue (approximately half a mile). Turn right on Sandyland Road (approximately one mile). The road ends at Ash Avenue (about three blocks).

Our 4-5 mile route begins with an exhilarating "beach and bluffs" walk offering many opportunities to observe coastal flora, fauna, and sea life at different levels. Returning from the observation point on the bluffs, we will continue along the trail to Carpinteria's pedestrian-friendly main street. Our destination in town is the Carpinteria Valley Museum of History, 956 Maple Avenue, featuring attractive displays of memorabilia, artifacts, and quilts from the Chumash Indian, Mission, Rancho and American Pioneer periods. A small donation is requested. We may also browse the popular museum-sponsored flea market that takes place on the last Saturday of the month. Along the way various points of interest will be pointed out, which you can explore on your own following lunch at Senor Grog's, 872 Linden Avenue, (805) 684-9352, or at one of the other local restaurants, food stands, and/or ice cream parlors.

The "beach and bluffs" section of the walk is along a sandy beach, up a flight of wooden stairs to a groomed dirt trail (alternate route available); the "town" section is along level paved sidewalks.

Rain cancels. For more information call Nancy at (805) 484-4682.